



**Before & After
Lesson 2: Prayer
January 9 & 10**

Don't pray when you feel like it. Have an appointment with the Lord and keep it. A man is powerful on his knees. ~ *Corrie Ten Boom*

Prayer is:

- Conversation with God
- The interaction of the heart and mouth talking with or asking from God

Heartfelt prayer knows that God is:

- Willing to communicate with us
- Willing to direct us
- Able and willing to meet our needs
- Willing comfort us

Things We Accomplish In Prayer:

- Commune With God
- Make Requests
- Humble Ourselves
- Move Mountains
- Cast Our Cares On God

2 Kings 20:1 About that time Hezekiah became deathly ill, and the prophet Isaiah son of Amoz went to visit him. He gave the king this message: "This is what the LORD says: Set your affairs in order, for you are going to die. You will not recover from this illness." *New Living Translation*

2 Kings 20:2 When Hezekiah heard this, he turned his face to the wall and prayed to

the LORD, *New Living Translation*

2 Kings 20:3 “Remember, O LORD, how I have always been faithful to you and have served you single-mindedly, always doing what pleases you.” Then he broke down and wept bitterly. *New Living Translation*

2 Kings 20:4 But before Isaiah had left the middle courtyard, this message came to him from the LORD: *New Living Translation*

2 Kings 20:5 “Go back to Hezekiah, the leader of my people. Tell him, ‘This is what the LORD, the God of your ancestor David, says: I have heard your prayer and seen your tears. I will heal you, and three days from now you will get out of bed and go to the Temple of the LORD. *New Living Translation*

2 Kings 20:6 I will add fifteen years to your life, and I will rescue you and this city from the king of Assyria. I will defend this city for my own honor and for the sake of my servant David.” *New Living Translation*

Heartfelt Prayer Drastically Changes Things In Our Lives

Our prayer and God’s mercy are like two buckets in a well; while one ascends, the other descends. ~ *Arthur Hopkins*

Guidelines For Prayer:

- Realizing there are different kinds of prayer
- These guidelines are for asking God in prayer

Prayer is an effort of will. ~ *Oswald Chambers*

One: Know God’s Will

Two: Pray With Your Heart

1 Samuel 1:13 Now Hannah **was speaking from her heart**. Although her lips were moving, her voice was inaudible. Eli therefore thought she was drunk. *New English Translation*

The fewer the words the better prayer. ~ *Martin Luther*

Three: Believe You Receive

Mark 11:23 I tell you the truth, you can say to this mountain, ‘May you be lifted up and thrown into the sea,’ and it will happen. But **you must really believe it will happen and have no doubt in your heart.**

Mark 11:24 I tell you, you can pray for anything, and **if you believe that you’ve**

received it, it will be yours. *New Living Translation*

Four: Be Thankful

Philippians 4:6 Do not be anxious about anything. Instead, in every situation, through prayer and petition **with thanksgiving**, tell your requests to God. ***New English Translation***

Questions To Ask:

- Do you know what God says about your situation?
- Do you know how to get your heart engaged in prayer?
- Do you know how to believe you receive?
- Are you thanking God for what you prayed for?