



**Before & After  
Lesson 2: Prayer  
January 9 & 10**

Don't pray when you feel like it. Have an appointment with the Lord and keep it. A man is powerful on his knees. ~ *Corrie Ten Boom*

**Prayer is:**

- Conversation with God
- The interaction of the heart and mouth talking with or asking from God

**Heartfelt prayer knows that God is:**

- Willing to communicate with us
- Willing to direct us
- Able and willing to meet our needs
- Willing comfort us

**Things We Accomplish In Prayer:**

- Commune With God
- Make Requests
- Humble Ourselves
- Move Mountains
- Cast Our Cares On God

**2 Kings 20:1** About that time Hezekiah became deathly ill, and the prophet Isaiah son of Amoz went to visit him. He gave the king this message: "This is what the LORD says: Set your affairs in order, for you are going to die. You will not recover from this illness." *New Living Translation*

**2 Kings 20:2** When Hezekiah heard this, he turned his face to the wall and prayed to

the LORD, *New Living Translation*

**2 Kings 20:3** “Remember, O LORD, how I have always been faithful to you and have served you single-mindedly, always doing what pleases you.” Then he broke down and wept bitterly. *New Living Translation*

**2 Kings 20:4** But before Isaiah had left the middle courtyard, this message came to him from the LORD: *New Living Translation*

**2 Kings 20:5** “Go back to Hezekiah, the leader of my people. Tell him, ‘This is what the LORD, the God of your ancestor David, says: I have heard your prayer and seen your tears. I will heal you, and three days from now you will get out of bed and go to the Temple of the LORD. *New Living Translation*

**2 Kings 20:6** I will add fifteen years to your life, and I will rescue you and this city from the king of Assyria. I will defend this city for my own honor and for the sake of my servant David.’” *New Living Translation*

### **Heartfelt Prayer Drastically Changes Things In Our Lives**

Our prayer and God’s mercy are like two buckets in a well; while one ascends, the other descends. ~ *Arthur Hopkins*

#### **Guidelines For Prayer:**

- Realizing there are different kinds of prayer
- These guidelines are for asking God in prayer

Prayer is an effort of will. ~ *Oswald Chambers*

#### **One: Know God’s Will**

#### **Two: Pray With Your Heart**

**1 Samuel 1:13** Now Hannah **was speaking from her heart**. Although her lips were moving, her voice was inaudible. Eli therefore thought she was drunk. *New English Translation*

The fewer the words the better prayer. ~ *Martin Luther*

#### **Three: Believe You Receive**

**Mark 11:23** I tell you the truth, you can say to this mountain, ‘May you be lifted up and thrown into the sea,’ and it will happen. But **you must really believe it will happen and have no doubt in your heart.**

**Mark 11:24** I tell you, you can pray for anything, and **if you believe that you’ve**

**received it, it will be yours. *New Living Translation***

**Four: Be Thankful**

***Philippians 4:6*** Do not be anxious about anything. Instead, in every situation, through prayer and petition **with thanksgiving**, tell your requests to God. ***New English Translation***

**Questions To Ask:**

- Do you know what God says about your situation?
- Do you know how to get your heart engaged in prayer?
- Do you know how to believe you receive?
- Are you thanking God for what you prayed for?