



Holiday Hangover Stuffed But Ready For More (December 27 & 28)

Fasting makes room for more of God's presence.

Matthew 9:14 One day the disciples of John the Baptist came to Jesus and asked him, "Why don't your disciples fast like we do and the Pharisees do?" ***15*** Jesus replied, "Do wedding guests mourn while celebrating with the groom? Of course not. But someday the groom will be taken away from them, and then they will fast. ***16*** "Besides, who would patch old clothing with new cloth? For the new patch would shrink and rip away from the old cloth, leaving an even bigger tear than before. ***17*** "And no one puts new wine into old wineskins. For the old skins would burst from the pressure, spilling the wine and ruining the skins. New wine is stored in new wineskins so that both are preserved." ***New Living Translation***

His presence is the solution to any problem or need I have in this life.

John 16:12 "I still have many things to tell you, but you can't handle them now. ***Message Bible***

Prayer and fasting create the capacity for us to receive more.

Ephesians 3:17 And I pray that Christ will be more and more at home in your hearts as you trust in him. ***New Living Translation***

Matthew 6:16 "When you fast, do not be sad-faced like the hypocrites, for they disfigure their faces to show others their fasting. I assure you, they have received their full reward. ***17*** But when you fast, anoint your head and wash your face, ***18*** so that no one except your heavenly Father who is there in the secret place may notice your fasting. And your Father who sees in secret will reward you. ***Modern Language Bible***