

## Translated



### Translated // Week 1 [Gossip]

***Philippians 1:6*** And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns. ***New Living Translation-SE***

Translated: I want to Gossip

Gossip is sharing something negative about someone with the wrong one

It's human nature to speak negative words about others

***Ephesians 4:29*** Do not let any **unwholesome talk** come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ***New International Version***

Unwholesome – Greek *sapros*: rotten, putrefied

***Ephesians 4:29*** Don't let even one **rotten word** seep out of your mouths. Instead, offer only fresh words that build others up when they need it most. That way your good words will communicate grace to those who hear them. ***The Voice Bible***

Understanding the following helped me stop murmuring

My words will always impact the person listening  
God dislikes us sharing negative things

Our tongue can produce life or drain life in others

***Proverbs 18:21*** Words kill, words give life; they're either poison or fruit—you choose.

## *Message Bible*

Bleach and Ammonia mixed together release a highly toxic Chloride gas. It is highly flammable and can explode, causing chemical burns. If inhaled, it can cause damage to the membranes of the trachea and lungs, causing intense pain and death.

**Proverbs 18:21** Words kill, words give life; they're either poison or fruit—you choose.  
*Message Bible*

Gossip can be fun to listen to and share

**Proverbs 26:22** Whispered gossip is like a delicious first course: it is devoured with pleasure and then penetrates deep within you. *The Voice Bible*

Gossip is something God hates

**Proverbs 6:16** There are six things the LORD hates— no, seven things he detests: *New Living Translation-SE*

**Proverbs 6:17** haughty eyes, **a lying tongue**, hands that kill the innocent, **18** a heart that plots evil, feet that race to do wrong, **19 a false witness who pours out lies**, a person who **sows discord in a family**. *New Living Translation-SE*

What gossip will do?

**James 3:3** A bit in the mouth of a horse controls the whole horse. **4** A small rudder on a huge ship in the hands of a skilled captain sets a course in the face of the strongest winds. **5** A word out of your mouth may seem of no account, but it can accomplish nearly anything—**or destroy it!** It only takes a spark, remember, to set off a forest fire. **6** A careless or wrongly placed word out of your mouth can do that. By our speech we can ruin the world, turn harmony to chaos, throw mud on a reputation, send the whole world up in smoke and go up in smoke with it, smoke right from the pit of hell. *Message Bible*

**Proverbs 16:28** A troublemaker plants seeds of strife; gossip **separates the best of friends**. *New Living Translation-SE*

We can control the words we speak

**James 1:26** If anyone among you thinks he is religious, and **does not bridle his tongue** but deceives his own heart, this one's religion is useless. *New King James Version*

**Proverbs 21:23** He who **guards his mouth** and his tongue keeps himself from calamity.  
*New International Version*

### **Five reasons people gossip**

- Acceptance – “They will like me”
- Insecurity – “They are better than me”
- Offence – “They hurt me”
- Difference – “They don’t believe like me”
- Righteousness – “They don’t live like me”

### **1. Make not speaking negative words a goal**

**1 Peter 4:8** Above all, **love** each other deeply, because **love covers** over a multitude of sins. *New International Version*

### **2. Make speaking words of life a goal**

**Proverbs 18:21** Words kill, words give life; they’re either poison or fruit—**you choose**.  
*Message Bible*