

# Feet



## A series about steps **Lesson 3: Aching Feet** (June 15, 2014)

If you take a step God will do the rest

**2 Peter 1:5** For this very reason, make every effort to **add** to your faith goodness; and to goodness, knowledge; **6** and to knowledge, **self-control**; and to self-control, **perseverance**; and to perseverance, godliness; **7** and to godliness, brotherly kindness; and to brotherly kindness, love. *New International Version*

**Step 3:** Self-control: Greek – egkrateia, self-control

In context it's referring to making your mind, will, and emotions do what the Bible says

**Step: 4:** Perseverance: Greek - hupomone, endurance, steadfastness, patience

**Luke 8:15** But the ones *that* fell on the good ground are those who, having **heard the word** with a **noble and good heart**, **keep it** and **bear fruit with patience**. *New King James Bible*

### Two types of knowledge

- Positional      Spiritual food      Renews our minds
- Directional    Instructional            Lights our path

**James 1:21** So **get rid of** all the filth and evil in your lives, and **humbly accept the word God** has planted in your hearts, for it has the power to save your souls. *New Living Translation SE*

**James 1:22** But don't just listen to God's word. **You must do what it says**. Otherwise, you are only fooling yourselves. *New Living Translation SE*

**James 1:23** For if you listen to the word and don't obey, it is like glancing at your

face in a mirror. **24** You see yourself, walk away, and forget what you look like. **25** But if you look carefully into the perfect law **that sets you free**, and if you do what it says and don't forget what you heard, then **God will bless you for doing it.** *New Living Translation SE*

**Galatians 6:9** So let's not get tired of doing what is good. At just the right time **we will reap a harvest** of blessing **if we don't give up.** *New Living Translation SE*

Examples of adding self-control & patience

- When your adult children aren't living godly lives (Philippians 4:6-7)

**Philippians 4:6** Do not be anxious about anything, but in everything, by prayer and petition, **with thanksgiving**, present your requests to God. **7 And** the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. *New Living Translation SE*

- When you can't conquer an area of sin in your life (Hebrews 4:14-16)

**Hebrews 4:14** Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess. **15** For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. **16 Let us then approach** the throne of grace with confidence, so that we may receive mercy and **find grace to help us in our time of need.** *New International Version*

- When you have physical problems (James 5:14-1)

**James 5:14** Is any one of you sick? He should **call the elders of the church to pray** over him and anoint him with oil in the name of the Lord. **15** And **the prayer offered in faith** will make the sick person well; **the Lord will raise him up.** If he has sinned, he will be forgiven. *New International Version*

- When you're hurt by someone close and they refuse to make it right (Luke 6:37-38)

**Luke 6:37** "**Do not judge**, and you will not be judged. **Do not condemn**, and you will not be condemned. **Forgive**, and you will be forgiven. **38** Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. **For with the measure you use, it will be measured to you.**" *New International Version*