

The Big Ten



Lesson 1: Godrails

Ten Commandments (Exodus 20:1-17)

1. You must have no other gods but me
2. You must not make any graven images
3. You must not take the name of the Lord your God in vain
4. Remember the Sabbath day; keep it holy
5. Honor your father and mother
6. You must not kill
7. You must not commit adultery
8. You must not steal
9. You must not bear false witness against your neighbor
10. You must not covet your neighbor's house, wife....

USA Today Poll

- 14% of Americans can accurately name all Ten Commandments
- 74% of Americans can name all three Stooges
- 35% of Americans can recall all six kids from the Brady Bunch
- 25% of Americans can name all seven ingredients of McDonald's Big Mac

The Law was given to lead people to Christ

Galatians 3:24 So the law was put in charge to lead us to Christ that we might be justified by faith. *New International Version*

The Law was given to be a standard for Christians

Hebrews 4:15 For we do not have a high priest who is unable to sympathize with our

weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. **16** Let us then approach the throne of grace with confidence, so that we may **receive mercy and find grace to help** us in our time of need. *New International Version*

God bends towards you when you bow to Him

2 Chronicles 16:9 For **the eyes of the Lord search back and forth** across the whole earth, looking for people whose hearts are **perfect** toward him, **so that** he can **show his great power** in helping them. *Living Bible Translation*

Exodus 20:1 Then God gave the people all these instructions: **2** “I am the LORD your God, who rescued you from the land of Egypt, the place of your slavery. **3** “**You must not have any other god but me.** **4** “You **must not make for yourself an idol** of any kind or an image of anything in the heavens or on the earth or in the sea. **5** **You must not bow down to them or worship them,** for **I, the LORD your God, am a jealous God** who will not tolerate your affection for any other gods. I lay the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations of those who reject me. **6** But **I lavish unfailing love for a thousand generations on those who love me and obey my commands.** *New Living Translation SE*

Luke 14:26 “Anyone who wants to be my follower **must love me far more** than he does his own father, mother, wife, children, brothers, or sisters—yes, more than his own life—otherwise he cannot be my disciple. *The Living Bible*

Exodus 20:7 “You must not **misuse the name of the LORD** your God. The LORD will not let you go unpunished if you misuse his name. *New Living Translation SE*

Three ways we commonly misuse the Lord’s name

1. Validating ourselves
2. Speaking in God’s behalf
3. Cursing & joking with God’s name

Exodus 20:8 “Remember to observe the Sabbath day by keeping it holy. **9** You have six days each week for your ordinary work, **10** but the seventh day is a **Sabbath day of rest dedicated to the LORD your God.** On that day no one in your household may do any work. This includes you, your sons and daughters, your male and female servants, your livestock, and any foreigners living among you. **11** For in six days the

LORD made the heavens, the earth, the sea, and everything in them; but on the seventh day he rested. That is why the LORD blessed the Sabbath day and set it apart as holy. *New Living Translation-SE*

Sabbath History

- We are taught to follow the principle of the Sabbath in the New Testament
- The early church, in the Bible, changed the Sabbath to Sunday
- In the early days of our nation they couldn't decide what day so they gave us Saturday & Sunday off

Four reasons for Christians to have a Sabbath Day

1. To remember and honor Jesus' work
2. To connect with Jesus and His family
3. To rest
4. To have fun and make memories