



Unstoppable
Lesson 1: Unstoppable Together
September 12 & 13

Genesis 11:5 The Lord said, "If as one people speaking the same language they have begun to do this, then nothing they plan to do will be impossible for them." *New International Version*

WE ARE NEVER MORE UNSTOPPABLE
THEN WHEN WE ARE **TOGETHER**

IF WE ARE UNSTOPPABLE TOGETHER...
WE ARE STOPPABLE APART.

THE MORE **ALONE** YOU ARE,
THE LESS **ALIVE** YOU ARE."

WHEN WE'RE ALONE...

- 2-3x more likely to die an early death
- 4x more likely to experience burnout
- 5x more likely to suffer from clinical depression
- 10x more likely to be hospitalized for a mental disorder

(Cal. Inst. of Mental Health)

TOGETHER MEANS *TO GATHER*

Hebrews 10:24-25 And let us **take thought** of how to spur one another on to love and good works, **25** not abandoning our own meetings, as some are in the habit of doing, but encouraging each other, and even **more so** because you see the day drawing near. *New English Translation Bible*

A HABIT HELPS YOU HAVE IT

CUE - ROUTINE - REWARD

TOGETHER HELPS US GROW

Hebrews 10:24-25 "...And let us take thought of how **to spur one another** on to love and good works..." *New English Translation Bible*

1 Corinthians 16:17-18 "I was glad when Stephanas, Fortunatus and Achaicus arrived, because **they have supplied what was lacking from you. 18** For they **refreshed my spirit** and yours also..." *New International Version*